

Current U3A Riverland membership essential Further information at: <u>www.u3ariverland.org</u> Email: <u>u3acoursesriverland@gmail.com</u> Mobile: 0472 792 339

Note: all tutors are volunteers and class changes can occur. Some activities can take new enrolments during the year, others cannot. Please contact the relevant tutor prior to attending an activity for the very first time to confirm details

Activity	Contact to enrol	Venue	Days & Time	General Info	
ART (painting, drawing, printing)	Daina Braddock Email: <u>dainabraddock@live.com.au</u>	Berri RSL Sisters Room	Tuesdays	no vacancies	
BOARD GAMES	Audrey Atkinson Email: <u>a.atkinson50@yahoo.com.au</u> Mob: 0457 921 913	Chaffey Community Centre	Fridays noon	vacancies	
BOOK CLUB	Judy Strachan Email: <u>renjay1@bigpond.com</u> Mob: 0447 739 112	Renmark Library	Every fourth Thursday 11am	no vacancies	
BRIDGE Social	Brent Morrell Email: <u>bkmorrell@bigpond.com</u> Phone: 8586 5235	Berri RSL Sisters Room	Fridays 9.30 – 12.30	limited vacancies	
Card Café Card Making with a difference	Sue Drabsch email: <u>denisdrabsch@hotmail.com</u> Mob: 0472 792 339. Material fees apply	Berri RSL Sisters Room	Last Wed of the month 1pm to 4pm	vacancies	
CHORAL new SINGING	Contact: Marian Woodberry Email: woodduck32@gmail.com Mob: 0412649766	Riverland Brass Band Hall 1 Verran Tce Berri	Wednesday 1-3pm	See below in the 'Proposed Activities' for more info	
GERMAN LANGUAGE Beginner	Carmen Borowski Email: <u>borowski@adam.com.au</u> Mob: 0472 792 339.	Berri RSL Sisters Room	Thursdays 1.30pm – 3.00pm	no vacancies	
GERMAN LANGUAGE Intermediate + Conversational	Carmen Borowski Email: <u>borowski@adam.com.au</u> Mob: 0472 792 339.	Berri RSL Sisters Room	Thursdays 3.00 – 4.30	vacancies Some knowledge needed	
FLOWER ARRANGING	Helen Slade Email: helenslade3842@gmail.com Phone: 0437795621	McCormick Centre Renmark	One Thursday a month 10.30 am	Vacancies Contact Helen prior attending	
FRENCH CONVERSATION	Helena Simpson Email: <u>isshsimpson@gmail.com</u>	Berri RSL Sisters Room	Thursdays 10am - noon	no vacancies	
FRENCH for BEGINNERS	Ruth Tucker Email: <u>ruth.tucker.38@gmail.com</u>	Berri RSL Sisters Room	Mondays 10am - noon	no vacancies	
FUNKY SOCKS	Di March Email: <u>dianamarch35@gmail.com</u>	Berri Golf Club Tavern	Every second Wednesday 1.00 – 3pm	Contact Di if you are a beginner re vacancies	
KNITTING, CROCHET & NEEDLEWORK Social Group	Anne Menzel Phone: 85837369 Mob: 0472 792 339 Email: <u>anne@winkiedahlias.com</u>	Berri Golf Club Tavern	Every second Wednesday 1.00 – 3pm	vacancies	
	Here is an opportunity to enjoy the company of others while working on your own handicraft projects. No tuition – just learn from each other. Bring your own materials and projects, pick up new ideas and skills from each other in a casual and social way. Enrol with Anne Menzel before to attending for the first time to ensure the group is meeting as planned				
MAHJONG	Pam Rule Email: <u>holdthefort@bigpond.com</u> Mob: 0405 184 411	Barmera Library Chaffey Community Centre	Wed 1 - 3pm Thurs 1 –3pm	vacancies	



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Activities continued

Activity	Contact to enrol	Venue	Days & Time	General Info		
MUSIC	Judy Kelly Mob: 0412 051 824 Please contact Judy for further details as this activity sometimes vary from what is listed	Berri RSL Sisters Room	Every second Wednesday Start May 1 st	vacancies		
APPRECIATION	Music Appreciation explores a wide range of music and those who attend just love this activity as well as the opportunity for discussion. An informal and flexible group that enjoys the company of others while expanding their musical knowledge and understanding. New participants very welcome but please contact Judy prior to your first attendance.					
SNOOKER (& POOL)	Brent Morrell <u>bkmorrell@bigpond.com</u> Phone: 8586 5235 Terry Marter tlmarter@bigpond.com Phone: 0427 618 145	Berri RSL	Wednesdays 10am	limited vacancies		
TAI CHI	Helen Cenko Email: <u>hcenko@iinet.net.au</u> Phone: 8595 1667	Renmark	Various days	no vacancies		
WRITING FOR ENJOYMENT	Brent Morrell Email <u>bkmorrell@bigpond.com</u> Phone : 8586 5235	Chaffey Community Centre	Every 2nd and 4 th Mon 9.30 – 11.30	limited vacancies		
YOGA Gentle & Age Appropriate	Tutored by: Doreen Aspden Contact: Marian Woodberry Email: woodduck32@gmail.com Mob: 0412649766	Moorook Community Hall	Tuesdays 10.30 – 11.45am	limited vacancies		
The following activities will proceed if enough participants enrol with the tutors directly. You will be notified if or when the activity proceeds Please enrol by July 19 th						
CHORAL SINGING Running	This activity is running. U3A members have been invited to join. Please read further to find out more According to recent research there are surprising health benefits of singing in a choir. Studies have shown that choral singing improves our mood, decreases our stress, depression and anxiety levels, while offering a sense of belonging that is not evident in singing alone. It can be a way of improving the quality of life for the older members of our society. To this end The Riverland Choral Group invites U3A members to join with them on Wednesdays to enjoy the benefits a sense of well-being and happiness singing in a group can bring to the participating individual. Enguiries to Marian Woodberry on 0412 649 766					
HACKERS GOLF Proposed	 Interested in enjoying the outdoors and learning a new skill? Have been interested in trying golf, but don't have clubs? Lynn Smith is willing to run a short "Hackers Golf" program so that you can try out golf in a friendly, supportive group. Dates and times to be determined – probably 10am Tuesdays for 1 hour either weekly or fortnightly. This would be determined by the group. Cost would be a small contribution to the golf club (\$5? per session). Clubs and balls would be provided. Please register your interest with John Penna on 0418 839 282 					
ITALIAN Proposed	\$\$\$\$					
New Ideas	Looking for something to do and can't find it in our offerings?? <u>See the flyer attached</u>					