

Note: all tutors are volunteers and class changes can occur. Some activities can take new enrolments during the year, others cannot. Please contact the relevant tutor prior to attending an activity for the very first time to confirm details

Activity	Contact to enrol	Venue	Days & Time	General Info
ART – beginners (painting, drawing, printing)	Beverley Hartigan Email: bghartigan@gmail.com Mob: 0438 501 606	Berri U3A rooms Sisters Room	Tuesdays 9.30 – 12.30	Please contact tutor for vacancies
	Mainly for newcomers who will be offered a basic program to develop their artistic skills and theoretical knowledge			
ART - experienced (painting, drawing, printing)	Daina Braddock Email: dainabraddock@live.com.au	Berri U3A rooms Main Hall	Tuesdays 9.30 – 4.30	Please contact tutor for vacancies
	Suited for those with some experience in art practices. Please liaise with Daina before attending			
BACKGAMMON <i>See note below</i> <i>Will continue to run if enough interest</i>	Ute Young Email: lifefofute@gmail.com Mob: 0408 839 430	Berri U3A rooms Sisters Room	Every 4 th Wednesday 10 am -12	Vacancies/still running?? Contact Ute
BOOK CLUB	Kath Morrell Email : bkmorrell@bigpond.com Phone : 8586 5235	Renmark Library	Every 4 th Thursday 11am	No vacancies
BRIDGE Social	Brent Morrell Email: bkmorrell@bigpond.com Phone: 8586 5235	Berri U3A rooms Sisters Room	Fridays 9.30am	Vacancies
CARD CAFÉ (Card Making with a difference)	Sue Drabsch Email: denisdrabsch@hotmail.com Mob: 0472 792 339. All materials provided - Material fees apply	Berri U3A rooms Sisters Room	Usually every 3 rd Wed 1pm to 4pm contact Sue	Vacancies
GERMAN	Carmen Borowski Email: borowski@adam.com.au Mob: 0427 665 019.	Carmen's home Check with Carmen	Thursdays 1.30pm – 3.00pm	Vacancies Contact Carmen
FAMILY HISTORY	Tony Guster Email: tonyguster@gmail.com Mob: 0447 781 820	Berri U3A rooms Main Room	Every 3 rd Thursday 10.30am – 12	Contact Tony for dates & vacancies
FRENCH for BEGINNERS	Ruth Tucker Email: ruth.tucker.38@gmail.com Phone: 8595 1698	Berri U3A rooms Sisters Room	Mondays 10am – 11.30	Check with Ruth about vacancies
KNITTING, FUNKY SOCKS, CROCHET & NEEDLEWORK Social Group	Theresa Andrew Email: taandrew@bigpond.com Mob: 0417 454 963	Berri Golf Club Tavern	Every 2 nd Wednesday 1.30 – 3.30	Vacancies
	Enrol with Theresa before to attending for the first time to ensure the group is meeting as planned			
MAHJONG	Pam Rule Email: holdthefort@bigpond.com Mob: 0405 184 411	Barmera Library	Wed 1 - 3pm	Vacancies
		Renmark library	Thurs 1 –3pm	
Enrol with Pam Rule before to attending for the first time to ensure the group is meeting as planned				
POSITIVE PSYCHOLOGY short course	Priscilla Jordan Email: priscillagaj2020@gmail.com Phone: 0417 886 150	Online course using ZOOM See below	TBC by participants	Contact Priscilla to register interest

Activities continued

Activity	Contact to enrol	Venue	Days & Time	General Info
SNOOKER	Terry Marter Email: tlmarter@bigpond.com Phone: 0427 618 145	Beri U3A rooms	TBA	Limited vacancies Contact Terry
TAI CHI	Helen Cenko Email: hcenko@inet.net.au Phone: TBA	Renmark	Mon, Wed, Fri	**contact tutor
		Contact tutor for best day for you		
YOGA	Gillian Lingard Email: gillian2.lingard@gmail.com Phone: 0405 944 524	Loxton CWA Hall	Wednesdays 9.30 – 10.30	Contact Gillian
WRITING FOR ENJOYMENT	Brent Morrell Email: bkmorrell@bigpond.com Phone: 8586 5235	Chaffey Community Centre	Every 2nd and 4th Mon 9.30 – 11.30	Vacancies

NEW & PROPOSED ACTIVITIES

The following activities will proceed if enough participants enrol with the tutors directly.

You will be notified if or when the activity proceeds

BACKGAMMON	<p>Backgammon for all interested in learning the game, refreshing their skills or looking for a challenge!! If you are interested please contact Ute Young on 0408 839 430</p> <p>Time: 10 till 12 noon</p> <p>Where: Beri U3A clubrooms in Strawbridge St</p> <p>Please bring your backgammon boards if you have one as Ute only has 2.</p> <p>If this event is popular, backgammon sessions will continue on a monthly basis</p>
POSITIVE PSYCHOLOGY short course	<p>Learning about Positive Psychology, and then applying it can actually help you to improve your life. Priscilla Jordan worked as an OT in community mental health before retiring. She felt the need to keep on using her brain in a project, and so wanted to try to offer something to older people – something that was potentially useful to those interested in improving their life. Although Priscilla is based in Adelaide, she has run a short course in Positive Psychology (of 5 weeks via Zoom – one hour weekly Zoom session at a time that suits all the participants). She has already run the course twice for some of our Riverland members who were easily able to navigate the use of Zoom (in Term 4 2020, and in Term 1 2021), and she would like to offer the course again in Term 4 2021. If this course interests you, please contact Priscilla via email priscillagj2020@gmail.com for more information. There is also a link to enrol in this course using the U3A South Australia website. See note below on Online Courses</p>
ZOOM ACTIVITIES	<p>If you have ideas about what could be offered or willing to conduct an activity by Zoom, let us know. The <i>Positive Psychology</i> has proved very successful and easy to run for novices.</p>
ONLINE COURSES	<p>U3A South Australia is the statewide body that oversees U3As in our state. Recently a group within that body have been setting up an online system to provide a range of interesting courses for our members. Many of these are one off sessions that run for an hour. Below are links to the online site as well as a link to a youtube video clip that talks you through how to use the site. We encourage you to have a look.</p> <ul style="list-style-type: none"> How to 'access the site, navigate the site, find courses and enrol' youtube video clip https://youtu.be/lHuYgLtE5SU Direct link to the Statewide page where courses, enrolment and tutor profiles can be accessed. https://u3asouthaustralia.org.au/courses-2/