

Message from Marian

September 2021



Greetings everyone

I hope you are managing this very unpredictable Spring weather.

Most activities will be taking a two week school holiday break, but your management committee continues to drive U3A Riverland with ongoing enthusiasm.

Diary Date – 14th October 2021

I have been in discussion with a local JP who has agreed to give our members a presentation on the **Role of a JP in our Community** and also explain the **Aged Care Directive regulations**. Please put **14th October, 1.30pm** at our Berri U3A premises in your diary! We would love to have you there to learn more about these important topics.

Seeking your help in expanding our activities

We do have a wide variety of activities, but our membership is always looking for something new, interesting, perhaps different in which to be involved. Could I please encourage you, if you are aware of someone who would be willing to act as a Facilitator for a new activity, to contact any committee member, (we are all very approachable) with names and contact details.

Vacancies in activities

Yoga in Loxton is proving very popular and still has a couple of vacancies. This activity is excellent for mind and body. We also have vacancies in some of our other activities. Please check the program and make contact with the Facilitator to see if you can join in.

Need a space for an activity?

We still have a spare room in the Clubrooms, which could be utilised for a variety of quiet activities, so if you have any ideas please contact Brent Morrell.

Other news

We are grateful to the **Berri Barmera and Loxton Waikerie Councils** for their **donations of \$200** each to help with the repairs and renovations of our Clubrooms. We have had a couple of successful working bees that have significantly freshened up our facilities. Our sincere thanks those who have been able to help out with these. Once again, we are seeking assistance with the next stage in this project. Please check out the **information from Tony Guster** about an upcoming working bee. Your help will be appreciated.

I am also planning a one-off **Rope Pot Plant Workshop** courtesy of **Bunnings**. This has been delayed due to COVID restrictions, but it will happen. Keep an eye out for the date of this fun activity.

If you have any ideas for guest presenters or subjects that will interest our members in the future, please give me a call.

Rendezvous cancellation

You have been aware of the flyers for the **Tea Tree Gully Rendezvous**. Unfortunately it has been **cancelled**. Our delegates Shirley Sims and Brent Morrell will be discussing the reasons at the U3A S.A. AGM in October.

Enjoy your break. Stay safe, but in the meantime, keep active physically, mentally and socially

Regards

Marian Woodberry
(President U3A Riverland)